Elbow room

Space in which to move freely

We shared a small office where neither of us had enough elbow room.
Body parts idioms

Up in arms

Very angry

The people were up in arms over the demolition of the old mosque.

غصب يس انتقائي نراض

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Arm-twisting

To force into doing something

It will take some arm-twisting to get people to cooperate with me.
Chance one’s arm

Try to do something despite little hope of success

I knew there was little hope of getting into Harvard but I decided to chance my arm
Arm in arm

Linked or hooked together by the arms

The two lovers walked arm in arm down the street
Body parts idioms

Apple of your eye

Someone’s favorite person or thing

آئیکن کاہئنر/ محجوب

Asim is the apple of his mother eyes.
Body parts idioms

Neither hide on hair

No sign or indication

We could find neither hide nor hair of him. I don’t know where he is.
Hang by hair

To be in an uncertain position

غیر واضح یا اندوزه‌کاره کا شکار ہونا

Your whole argument is hanging by a hair.
Get in someone’s hair

To bother or irritate someone

Bilal is always getting in his mother’s hair.
Fair-haired boy

A favored person (Not necessarily young or a boy)

The teacher’s fair-haired boy always dose well on tests.
Curl someone’s hair

To frighten or shock someone

روگلاں کھڑے کر دیتا

The horror film made my hair curl.
Stand head and shoulder

Above the rest

سب سے اچھا ہونا/ دوسرے سے مہتر ہونا

Quaid-e-Azam stands head and shoulders among all his contemporaries.
Body parts idioms

Have a head on your shoulder

Clever, well-balanced and trustworthy

You have got a good head on your shoulders; you will go a long way in life
Hang down in shame your shame

Be a shamed for your action

When Atif was caught red-handed, he hung his head in shame.

ناقدم بونا / شرم سے سرم بچانا
Bury one’s head in the sand

Ignore unpleasant realities; refuse to face facts

Stop burying your head in the sand. All of us will die. Whether we smoke or not.
Body Parts Idioms

Have eyes in the back of your head

Be able to see what is going on behind your back

A successful supervisor must have eyes in the back of his head.
Body Parts Idioms

Lose your head

Lose your temper

غصب تل آجانايا ضبط گنجورینا

I’m sorry. I got upset and lost my head.
Let it go to your head

Become conceited; think you’re better than you actually are

Don’t let it go to your head just because the boss praised you for your good work.
Bring something to a head

The union brought the issue of working hours to a head by threatening to go on strike.
At loggerhead

In opposition; in a quarrel

آمنہ ساتھی / شرید اختلاف رکھنے والا

She was at loggerheads with him for years.