**f** FB/vocabineer

#### Get butterflies in one's stomach

www.vocabineer.com

A feeling of fear or anxiety

بے چینی کا احساس

I got butterflies in my stomach just before I took the test.



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### In the blood

www.vocabineer.com

Built into personality or character

خون میں شامل ہے / شخصیت یا کر دار کا حصہ

Arif is a great runner. It's in his blood.



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### In cold blood

www.vocabineer.com

Without feeling; with cruel intent

بغیراحساس کے /سنگ دلی سے

The killer walked up and shot the woman in cold blood.



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## Blood, sweat and tears

www.vocabineer.com

A lot of effort and hard work

سخت محنت مشقت

His success was only due to blood, sweat and tears all the way-





## Keep fingers crossed

www.vocabineer.com

Hope for something better

اچھائی یا کامیابی کی توقع کرنا

I'm doing my driving test tomorrow. Keep your fingers crossed for me!



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### Keep one's feet on the ground

www.vocabineer.com

Act in a sensible and practical way

قدم جمائے رکھنا/ عقل مندی سے کام لینا

Amjad kept his feet on the ground and invested his money very wisely.





## **Cannot stomach**

www.vocabineer.com

Cannot stand; cannot bear

بات ہضم نہیں ہوتی / یقین نہیں آتا

Narmeen cannot stomach violent movies.



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## Go belly up

www.vocabineer.com

Be unsuccessful, bankrupt

منه کی کھانا/ ناکام ہونا

The restaurant went belly up before the end of the first year.





## **Back to well**

www.vocabineer.com

In serious difficulty

د بوار سے لگنا/ سخت مصیبت یامشکل میں ہونا

With his back to the well, the supplier had to accept the deal.



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# Break your back

www.vocabineer.com

Work extremely hard, put in a lot of effort

انتهائی سخت محنت کرنا

I am not going to break my back for such a low salary.

